

Sheryl Giesbrecht is a radio personality and Director of Public Relations and Development for KAXL 88.3 FM. A pastor's wife for over twenty-five years, mother of two adult children, she is passionate about sharing how God takes the *ashes* of our losses, bitterness, and mistakes; and turns them into something remarkably *beautiful*. Her own story began with her conversion to Christ over 30 years ago. Once a rebellious teen-ager, alcoholic and drug addict, Sheryl knows what it is to overcome physical addictions. Bearing the emotional scars of sexual sin, Sheryl understands the agony of abuse and how it affects marriage and other relationships. Hear Sheryl's radio show, "God Thoughts with Sheryl Giesbrecht on KAXL 88.3F.M. Music for Life. To contact Sheryl for speaking engagements: www.FromAshestoBeauty.com or www.KAXL.com.

"A God Thought" Column # 5 for Senior Gazette
Title: "Show Me God"
Byline: Sheryl Giesbrecht
Word Count: 352

"Knowing God is not a spectator sport. It will require everything in our being," says Chip Ingram, president of Walk Thru the Bible. Do you agree with this statement? Do you believe that you have a part in getting to know God? I am not suggesting our schedules become more full than they already are, with appointments, prayer meetings, Bible studies. Could it be God is asking you to clear your schedule to spend uninterrupted time with Him? Jeremiah 29:13 says, "You will seek me and find me when you seek me with all your heart."

What occupies your time, thoughts, goals? This is what you are striving toward. To seek God, start with just fifteen minutes alone with God. Take your Bible, a pen, a journal and an expectant spirit. Leave your agenda, calendar, cell phone behind and ask God to meet you in a new way. He will change your desires and your plans to align with His will for your life. God longs for intimacy with us. God wants you to know Him. He is not elusive, He doesn't play hide and seek, He wants you to intimately depend on Him. He longs for you to walk with Him, to fellowship with Him, to practice inward prayer throughout our days. God wants to show Himself to you. "I saw, O God, that Thou didst create the soul to enjoy its God. When the soul is docile and emptied of all its own, it wishes nothing but what Thou wilt," Madame Jeanne-Marie Guyon.

Do you want to know God better? Ask Him. Pray Ephesians 3:19 for yourself, "I pray that you (I) may be filled to the measure of all the fullness of God." This is God's will for you, that He would take control of your life to the point that He oozes out of you. As Philippians says, 'the He would increase and I would decrease.'" Matthew 5:6 says, "Blessed are those who hunger and thirst for righteousness for they will be filled." Claim the promise for yourself today and seek Him. I guarantee, you will find Him.